



AM SPA

Beauty Salon Price List

To Book Tel: 01273 386330 0795 7819052 or visit
www.relaxandpamper.co.uk

Facial Contouring Spa Treatments

Find... Exquisite Eyes. An anti-ageing eye treatment.

30 minutes £32

Find... Youthful You. Anti-ageing algimud facial.

75 minutes £71

Find... Radiant Revival. Whitening & brightening facial.

75 minutes £71

Body Well-Being Spa Treatments

Find... Heavenly Hydration.

30 minutes £35

Find... Infinite Indulgence.

75 minutes £72

Body Contouring Spa Treatments

Find... Sculpted Silhouette. Inchwrap body sculpting treatment.

90-105 minutes £95

Find... Marine Miracle. Algimud body contouring treatment.

60 minutes £70

Algimud Bust Contour

60 minutes £70

Find... Body Bliss. A relaxing & firming total body experience.

90 minutes £93

Hands & feet

Find... Fabulous Feet.

60 minutes £61

Am Spa Reflexology

Find... Hydrated Hands.

60 minutes £65

60 minutes £61



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Am Spa for Men

Am Spa for Men treatments are expertly designed to promote ultimate relaxation, along with a total body boost. Taking regular time out from a chaotic, modern lifestyle helps to refresh and revive your body and mind – this promotes greater happiness, contentment and an invigorated outward appearance, thus improving the overall quality of your life. We are confident that Am Spa unisex Spa offers you a complete range of high performance treatments to give you real and lasting results – so relax, enjoy, and let us do the work.

Mud Works

A treatment designed to relieve physical and mental tension by combining powerful minerals and boosting oils. 75 minutes £76

Full Body Massage 60 minutes £63

Hydrating Hand and Nail Treatment 45 minutes £40

Refreshing Foot Treatment 45 minutes £40

Body Fit Powerful inchwrap 90 minutes £95

Rest and Refresh Back and Shoulder Massage 30 minutes £40

Salt It Out Body Brush 30 minutes £40

Facial Skin Boost 75 minutes £76

Soft and Sleek Back and Chest Wax 60 minutes £49

The Am Spa Business Man Spa Day 240 minutes £180



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product and treatment philosophy



"We are all surrounded by a rich and fertile mystery."
HENRY DAVID

Spa Find offers non-comedogenic, skin-friendly formulas, blending natural de-ionised water with Am Spa Dead Sea minerals (Harmonised Water™) and organic plant extracts – products contain allergen-free fragrance and no parabens, genetically modified organisms (GMOs) or animal ingredients. Spa Find is against animal testing and supports care of the environment. We offer spa experiences to allow you to escape from a chaotic and stressful lifestyle and find a more primitive, peaceful and natural state of being - to have totally indulgent time for 'you' and just 'you'.

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Facial Treatments

These intensive treatments focus on the Am Spa Touch using ultra-concentrated professional products. The Intensive Plus Formula products are reserved exclusively for the expert hands of the Am Spa trained therapist. For the on-going benefit of your skin, all of these products have a homecare counterpart (B & H)

1. Age-Defying

Duration of the treatment: 50 or 75 minutes. (B & H) £58

2. Radiance

Duration of the treatment: 50 or 75 minutes. (B & H) £55

3. Hydrating

Skin exposed to pollution and environmental aggressors is prone to sensitivity and dehydration. This hydrating facial combats
Duration of the treatment: 50 or 75 minutes. (B & H) £58



4. Purifying

Duration of the treatment: 50 or 75 minutes (B & H) £55

5. Super Restorative

Duration of the treatment: 75 minutes. (B & H) £78

6. Gentle

Duration of the treatment: 50 or 75 minutes. (B & H) £76

Body Treatments

Concentrated formulations of active plant extracts and aromatic oils are applied with specialized massage movements. These intensive treatments redefine body contours, streamline and tone problem areas or renew stressed, aging body skin. (B & H)

7. Redefining

Duration of the treatment: 75 minutes. (B & H) £78

8. Renewing

Duration of the treatment: 75 minutes. (B & H) £73

9. Extra-Firming

Duration of the treatment: 75 minutes. (B & H) £72

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10. Hydrating

Duration of the treatment: 75 minutes. (B & H) £78

11. Polish & Body Redefining Treatment

Duration of the treatment: 75 minutes. (B & H) £73

12. Polish & Body Renewing Treatment

Duration of the treatment: 60 minutes. (B & H) £65

13. Polish & Body Extra-Firming Treatment

Duration of the treatment: 75 minutes. (B & H) £72

14. Polish & Body Hydrating Treatment

Duration of the treatment: 75 minutes. (B & H) £72



WELLBEING TREATMENTS - Relaxation, fitness, beauty

MASSAGE

Relaxation Massage

The time of the massage depends on the wishes of the guest. The time is generally between 20 - 40 minutes, however many clients choose longer as part of their relaxation program. (B & H) £40

Revitalizing Aromatic Massage

Duration of treatment: 55 minutes (B & H) £55

Relaxing Aromatic Massage

Duration of treatment: 55 minutes (B & H) £55

Relaxing Head and Neck Massage

Duration of treatment: 30 minutes (B & H) £38

Traditional Dry Brush Massage

Duration of treatment: 45 minutes (B & H) £50

Anti-cellulite Massage

Duration of treatment: 55 minutes. (B & H) £55

Lymph Drainage Massage

Duration of treatment: 40 minutes B & (H) £46

Reflex Zone Massage (Foot massage)

Duration of treatment: 20 minutes. (B & H) £25

Manager Massage

Duration of treatment: 15 minutes.(B & H) £15

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BATHS

Revitalizing Aromatic Bath

Duration of treatment: 15 minutes. (B & H) £20

Relaxing Aromatic Bath

Duration of treatment: 20 minutes. (B & H) £20

Cleopatra Bath

Duration of treatment: 20 minutes (B & H) £21

Hydro massage

Duration of treatment: 20 minutes (B & H) £25

Treatments for Men

15. Personal Blend Facial

Duration of the treatment: 60 minutes. (B & H) £60

16. Reconditioning Back & Scalp Massage

Duration of the treatment: 30 minutes. (B & H) £32

Express Face and Body Zone Treatments

17. Face Work

Duration of the treatment: 30 minutes. (B & H) £35

18. Eye Work

Duration of the treatment: 20 minutes. (B & H) £21

Aroma blend Treatments

19. Aroma Face Treatment

Duration of the treatment: 60 minutes. (B & H) £62

20. Body Polish (Tonic or Relax)

Duration of the treatment: 60 minutes. (B & H) £65

21. Super Relax Body Treatment

Duration of the treatment: 60 minutes. (B & H) £71

22. Super Tonic Body Treatment

Duration of the treatment: 60 minutes. (B & H) £72



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Urban Treatments

FACIALS

Am Spa VISIBLE BRILLIANCE

£70 mins £70.00

Am Spa SKIN SPECIFIC FACIAL

60 mins £65.00

BODY WRAPS

Am Spa Cellutox Aroma Spa Ocean Wrap

70 mins £66.00

MUSCLEASE

55 mins £66.00

BEAUTY ESSENTIALS – MANICURES AND PEDICURE

EXPRESS PEDICURE

25 mins £19.00

LUXURY SPA HAND & NAIL TREATMENT

55 mins £46.00

MANICURE

40 mins £27.00

FRENCH MANICURE

55 mins £32.00

DELUXE MANICURE

55 mins £47.00

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PEDICURE

French

Pedicure 55 mins £32.00

Pedicure 40 mins £30.00

DE-LUXE PEDICURE

55 mins £48.00

WAXING

Waxing using the warm wax method,
followed by tea-tree after care.

1/2 LEG (ANKLE TO KNEE)	£21.00
3/4 LEG	£24.00
FULL LEG	£30.00
FULL LEG & BIKINI	£36.00
TOP LEG	£21.00
TOP LEG & BIKINI	£26.00
BIKINI	£14.00
BRAZILIAN WAX	£27.00
HOLLYWOOD WAX	£32.00
UNDER ARM	£13.00
ARM	£20.00
LIP OR CHIN	£12.00

Eye brow Shape	£18.50
Eyebrow Tint	£12.50
Eyebrow and Lash Tint	£23.50
Special Occasion Makeover	£48.00
How to apply Make up	£48.00
Day Make up and Cleanse, Tone and Moisturise	£38.00
Evening Make up and Cleanse, Tone and Moisturise	£40.00

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AM SPA NAIL EXTENSIONS

We use a light cured gel system to give you superior, strong and healthy nails. Nail extensions add length to your nail by either fitting tips to your nails which are filed to the required length, or building up layers of gel to extend your natural nail. Our therapists are happy to advise you on all aspects of nail care, or you can pick up one of our special care leaflets next time you are visiting AM SPA.

90 min : £65

AM SPA Nail Extensions

We use hypoallergenic light cured gels to give you beautiful, healthy nail extensions that won't damage your natural nails.

60 min : £55

AM SPA Nail Overlays

Have the strength and elegance of the gel nail system without tips. Ideal if you are happy with the length of your nails but would like extra strength and shine.

60 min : £46

Permanent Gel Polish **or** Permanent French

Perfect polish that lasts for weeks without chipping! Ideal before a holiday or just to have that manicured look all the time. Available for hands or feet.

AM SPA Nail Maintenance

Regular maintenance of your nails is essential to prevent breakages and keep your nails in tip top condition. We recommend 2 or 3 weekly visits and your first nail repair is free with a maintenance visit.

60 min : £45

70 min : £50

2 – 3 Weekly

4 Weekly

Nail Removal

For when you want a change, we recommend you have your extensions professionally removed. We can remove most types of extension – please ask for advice. Includes a mini manicure to restore hydration to your natural nails.

50 min : £36

50 min : £36

Acrylic Removal

Gel Removal

20 min : £14

Emergency Repair

If you break a nail and need an emergency fix.

Additional repairs £6 per nail.

10 min : £5

Go French

For that classic look.

10 min : £6

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Nail Repair

For additional nail repairs.

10 min : £8

Cuticle Treatment

A pre-treatment that will improve the appearance of your nail extension treatment.

10 min : £8

Nail Decoration

Diamonds may be a girl's best friend, but how about some Rhinestones on your nails for a real wow factor? Includes 6 Rhinestones or nail transfers to transform your look. Bring on the bling!